



WANKAN SHOTOKAN
KARATE INTERNATIONAL

GRADING SYLLABUS

Ni-Dan Black Belt to San-Dan Black Belt

KIHON

- (advanced common basics will be trained)
- (Self developed four basics will be asked during exam)

KATA

1. HANGETSU (Half Moon)

41 movements, Kiai on movements 11 and 40
This is a Wutang Kata that originated through Master Itosu's training in Na-Ha-te from Master Higaonna. It is named after the third Chinese Zen Patriarch but the name Hangetsu, given to it by Master Funakoshi, means 'half or crescent moon' - a description of the dominant stance used in the Kata.

2. JITTE (Ten Hands)

24 movements, Kiai on movements 13 and 24
Also known as 'Jutte', If you master this Kata, your enemies will feel as though you have ten hands.

3. TEKKI NI-DAN (Iron Horse) Level - 2

24 movements, kiai on movements 16 and 24.
Tekki stands for "horse riding" or "iron horse" because students use the straddle or horse riding stance in this kata. In Japanese, the horse riding stance is known as Kiba Dachi.

JUNIOR KATAS : JION, KANKU-DAI & KANKU-SHO

KIHON : Two Kihon will the asked during the grading - Students can select two out of four

KUMITE

1. Kihon Kumite
2. Ippon Kumite
3. Jiyu Ippon Kumite
4. Jiju Kumite



Excellent	E - above 90
Very Good	V - 80 to 90
Good	G - 70 to 80
Pass	P - 60 marks