



WANKAN SHOTOKAN  
KARATE INTERNATIONAL

# GRADING SYLLABUS

## San-Dan Black Belt to Yon-Dan Black Belt

### KIHON

- ( advanced common basics will be trained )
- ( Self developed four basics will be asked during the exam )

### KATA

#### 1. GANKAKU (Crane standing upon a rock )

42 movements, Kiai on movements 28 and 42

A White Crane form, this is taught by Master Ching-To, attache to Okinawa from the Ming court in 1732, and so the Okinawans named it in his honour "Chinto". Master Funakoshi later renamed it Gankaku.

#### 2. JI-IN (Named after the temple grounds of Jion-Ji )

35 movements, Kiai on movements 11 and 35

This kata was unsuccessfully renamed 'Shokyo' (Pine Shadow) by Master Funakoshi. Another Shao/in Classic with all of the above relating to 'Jion' applying here too. The name trans/ates to "love of truth"

#### 3. TEKKI SAN-DAN (Iron Horse ) Level – 3

36 movements, kiai on movements 16 and 36. Tekki stands for "horse riding" or "iron horse" because students use the straddle or horse riding stance in this kata. In Japanese, the horse riding stance is known as Kiba Dachi.

#### **JUNIOR KATAS : ENPI, BASSAI-DAI & BASSAI-SHO**

**KIHON : Two Kihon will the asked during the grading - Students can select two out of four**

### KUMITE

1. Kihon Kumite
2. Ippon Kumite
3. Jiyu Ippon Kumite
4. Jiju Kumite



Excellent	E - above 90
Very Good	V - 80 to 90
Good	G - 70 to 80
Pass	P - 60 marks