



WANKAN SHOTOKAN
KARATE INTERNATIONAL

GRADING SYLLABUS

Yon-Dan Black Belt to Go-Dan Black Belt

KIHON

(advanced common basics will be trained)
(Self developed four basics will be asked during exam)

KATA

1. SOCHIN (Energetic Calm)

40 movements, Kiai on movements 28 and 40
This kata was unsuccessfully renamed Hakko(Eight Storms) by Master Funakoshi. It is not known why some of Master Funakoshi's new kata names didn't succeed whilst others remain to this day.

2. MEIKYO (Bright Mirror)

33 movements, Kiai on movement 24 and 32
This kata is sometimes referred to by the name 'Rohai'. It is believed that Meikyo is taken from one of four Rohai kata practised in Okinawa.

3. UNSU (Hands in the clouds)

48 movements, Kiai on movements 38 and 48
The name used on Okinawa was "Unshou" and meant "cloud defence" - alleging that even if your enemies surround you like a cloud, you will surely defeat them if you master Unsu.

JUNIOR KATAS : JION, KANKU-DAI & KANKU-SHO

KIHON : Two Kihon will be asked during the grading - Students can select two out of four

KUMITE

1. Kihon Kumite
2. Ippon Kumite
3. Jiyu Ippon Kumite
4. Jiju Kumite



Excellent	E - above 90
Very Good	V - 80 to 90
Good	G - 70 to 80
Pass	P - 60 marks