



WANKAN SHOTOKAN  
KARATE INTERNATIONAL

# GRADING SYLLABUS

## 6<sup>th</sup> KYU Blue Belt to 5<sup>th</sup> KYU Purple Belt

### KIHON

1. Oi Zuki Gyaku Zuki Gedan Uke
2. Mawashi Geri Syuto Uchi Gyaku Zuki
3. Ushiro Geri Uraken Gyaku Zuki

The above basics is done as a combination of three steps forward

### KATA

1. **HEIAN YON-DAN (Peaceful Mind) – Level-4**  
Heian means “Peaceful Mind”. It takes its name from a Place and a Temple in China. 27 movements, Kiai on 13 and 25.
2. **EN-KOU YON-DAN (Bright Flame) Level-4**  
Bright: showing an ability to think, learn or respond quickly. Flame: glowing body, to have or develop a fiery glow, especially suddenly. 46 movements, kiai on 10, 20 & 46.

Note: ( All the above plus junior Kihon, Kata and Kumite )

### KUMITE

1. Kihon Kumite
2. Ippon Kumite
3. Jiyu Ippon Kumite
4. Jiju Kumite



Excellent	E - above 90
Very Good	V - 80 to 90
Good	G - 70 to 80
Pass	P - 60 marks