



WANKAN SHOTOKAN  
KARATE INTERNATIONAL

# GRADING SYLLABUS

## 4<sup>th</sup> KYU Brown Belt to 3<sup>rd</sup> KYU Brown Belt

### KIHON

1. Ushiro Mawashi Geri (LB)
2. Mae Geri Kisami Zuki Gyaku Zuki
3. Mawashi Geri Kiba Dachi Empi Uchi Gyaku Zuki
4. Mikasoki Geri (SL) Yoko Geri Gyaku Zuki

The above basics is done as a combination of three steps forward

### KATA

1. **TEKKI SHO-DAN (Iron Horse ) Level - 1**  
29 movements, kiai on movements 15 and 29.  
Tekki stands for “horse riding” or “iron horse” because students use the straddle or horse riding stance in this kata. In Japanese, the horse riding stance is known as Kiba Dachi.
2. **ROUKI SHO-DAN ( Similar ) Level – 1**  
Having a likeness or resemblance, esp. in a general way, having the same shape. 39 movements, kiai on 6, 12 & 39.

Note: ( All the above plus junior Kihon, Kata and Kumite )

### KUMITE

1. Kihon Kumite
2. Ippon Kumite
3. Jiyu Ippon Kumite
4. Jiju Kumite



Excellent	E - above 90
Very Good	V - 80 to 90
Good	G - 70 to 80
Pass	P - 60 marks